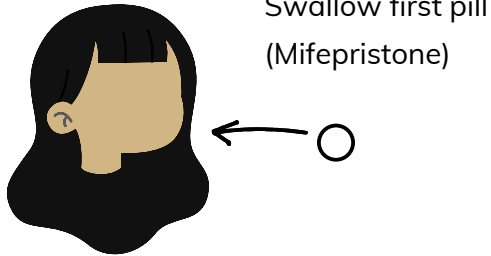


# Taking Your Pills

## DAY 1

### Take Mifepristone



Swallow first pill  
(Mifepristone)

## DAY 2

### Take Comfort Meds

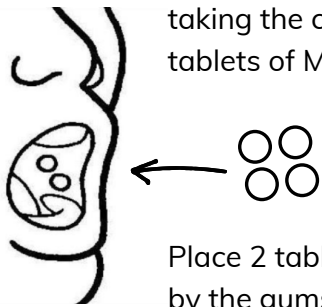
The next medication, Misoprostol, is taken 24hrs after Mifepristone.



**30-60 minutes before you take Misoprostol**, take 1 ibuprofen pill for pain and 1 ondansetron pill for nausea

## DAY 2-3

### Take Misoprostol



24 hours after the first pill, after taking the comfort meds, take 4 tablets of Misoprostol.

Place 2 tablets in each lower cheek by the gums.



Leave the 4 pills in place for 30 minutes, then swallow any remaining pill fragments.

### Additional Misoprostol (if needed)

**IF DIRECTED TO BY PROVIDER:** Repeat the Misoprostol with 4 more tablets, 4 hours later

## DAY 2-3

### Continue Comfort Meds

#### For pain/cramping:

- Take 800mg ibuprofen every 8hrs.
- If more pain control is needed, you can take up to 1000mg Tylenol (acetaminophen) in between doses

#### For nausea:

- Take 4mg of Zofran (ondansetron) every 4-8 hours as needed



## DAY 2-3 +

### What to Expect

Anticipate cramping and bleeding, including clots - **this means the pregnancy is passing**. Use pads to track the level of bleeding

Nausea, fever and flu-like symptoms can be normal for 24hr after taking misoprostol

Period like bleeding may last for 2 weeks

Watch for symptoms of complications →

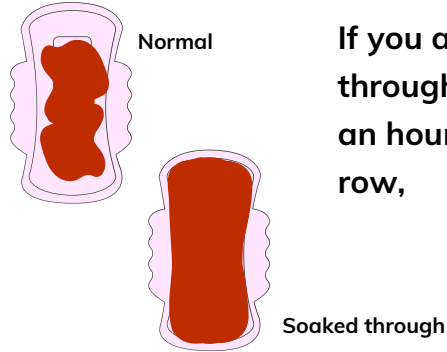
# When To Call

## Too Much Bleeding

### Monitor Your Pads:

Use pads instead of tampons to track bleeding

**Bleeding and cramping is normal, including passing clots.** The amount is different for everyone



**If you are soaking through 2 maxi pads in an hour, for 2 hours in a row,**

**CALL US**

## Infection

### Fevers:

For 24 hours after taking Misoprostol on Day 2, a fever or chills may be normal

**If you have a fever after this time, CALL US**

### Excess Pain:

**If you have severe pain that medications do not help,**

**CALL US**



## Follow-Up

### Pregnancy Testing

**In person follow-up is not necessary.** You can take a pregnancy test at home after 4-6 weeks. If you prefer, you may have an ultrasound done after 2 weeks to confirm you aren't pregnant sooner.

**If the pregnancy test is positive at 6 weeks, or if you still feel pregnant after your abortion,**

**CALL US**

Meadow Clinic has a provider available 24/7. If you have questions or concerns please call us at:

**703-783-3300**

Meadow  
Reproductive Health & Wellness

**If you feel at any time it is an emergency, call 911**